

Let's talk long-acting injectables for schizophrenia



**Treatment
doesn't have to
be a daily pill.**

What is a long-acting injectable antipsychotic?

Also known as an “LAI,” it’s an antipsychotic medication that helps treat psychosis (hallucinations or delusions) in those living with schizophrenia.

- LAIs are given **just beneath the skin** or **into a muscle**
- LAIs are given every **2 weeks, month, 2 months, 3 months, or 6 months** by a doctor or a nurse



If an LAI is an option you’d like to consider, talk to your healthcare provider today.

Daily pill or LAI?

What is the difference?

- Pills need to be **taken every day** to make sure there's enough medicine in your body to help manage your symptoms
 - LAIs release the medicine **slowly over time** and allow for longer periods of time between doses
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What is the same?

- The **same medicine** you take in pill form may also be available as an LAI
- Treatment choices are up to you and your doctor to decide which option may help you manage your schizophrenia

FAQs about LAIs



What if my schizophrenia isn't severe enough to need an LAI?

Using an LAI is about having options for treating symptoms regularly instead of taking a daily pill—it isn't always about the severity of your symptoms.

Where on my body do I get this shot?

We hear this one a lot! Most LAIs are injected in the upper arm, abdomen, or buttocks.

Does it hurt?

Things such as needle size, injection site, and pain tolerance may influence your experience. Talk to your doctor or healthcare professional about what to expect.

What if I'm afraid of needles?

You're not alone! About 25% of adults share your fear. Talk to your doctor about options that may help reduce your anxiety. Taking deep breaths and listening to music are relaxation techniques that may help.

Remember: You have options for schizophrenia treatment. Have a conversation with your doctor to help decide if an LAI is right for you.



Download a discussion guide to prepare for a conversation about LAIs with your doctor.



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